



October 2019

Benton Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... More Info... Daily Pick 2: Assorted Nutri Grain Bars, Muffins, Pop Tarts, String Cheese, Yogurt and Cheese Cubes
	01 Chocolate Crescent Fruit Mix Fruit Juice	02 Donut Holes Applesauce Orange Juice	03 Breakfast Burrito Craisins Apple Juice	04 Blueberry Waffles Diced Peaches Apple Juice	
07 Mini Strawberry Bagels Diced Pears Grape Juice	08 Vanilla Glazed Donut Mixed Fruit Fruit Juice	09 Cinnamon Toast Crunch Pastry Applesauce Orange Juice	10 Sausage Biscuit Craisins Fruit Juice	11 Sausage Gravy Fundle Diced Peaches Apple Juice	
14 Cinnamon French Toast Diced Pears Grape Juice	15 Sausage, Egg & Cheese Burrito Mixed Fruit Fruit Juice	16 Omelet, Tater Tots & Toast Applesauce Orange Juice	17 Chocolate Glazed Donut Craisins Fruit Juice	18 Cherry Frudel Diced Peaches Apple Juice	
21 Apple Frudel Diced Pears Grape Juice	22 Cinni Minis Fruit Mix Fruit Juice	23 Scrambled Eggs, Tater Tots & Toast Applesauce Orange Juice	24 Pancake on a Stick Raisins Fruit Juice	25 NO SCHOOL	
28 Apple Frudel Diced Pears Grape Juice	29 Cocoa Puff Pastry Fruit Mix Fruit Juice	30 Omelet, Tater Tots & Toast Applesauce Orange Juice	31 Egg & Cheese Bosco Stick Raisins Fruit Juice		

Menus are subject to change without notice.

Start your day with Breakfast at BMS!

Special News...

Prices:

Reduced-\$ 0.30

Paid-\$ 1.50



This institution is an equal opportunity provider.