

# Lunch

# Benton High Week of September 30, 2019

<b>Monday</b>	 Hawaiian Pizza Pepperoni Pizza	 Mozzarella Sticks Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	 Egg Chef Salad Made to Order Deli Sandwiches	 Pasta Bar w/variety Of meat and cheese Sauces	 Beef or Chicken Nachos
<b>Tuesday</b>	Chicken Club Ranch Flatbread Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Salisbury Steak Mashed Potatoes Roll	Beef or Chicken Nachos
<b>Wednesday</b>	Spicy Sausage Pizza Pepperoni Pizza	Corn Dog Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Turkey Chef Salad Made to Order Deli Sandwiches	Wing Wednesday -Chicken Wings W/variety of sauces	Beef or Chicken Nachos
<b>Thursday</b>	BBQ Chicken Sriracha Glazed Pizza Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Cobb Salad Made to Order Deli Sandwiches	Sweet & Sour Chicken Rice	Beef or Chicken Nachos
<b>Friday</b>	Pepperoni Stromboli Pepperoni Pizza	Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Potato Bar -variety of meat, cheese And toppings	Beef or Chicken Nachos
<b>Daily</b>	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Seasoned Fries or Tater Tots Assorted Fruits & Vegetables

## FUEL Promo

1 New Recipe will be featured monthly by having Free samples for all to enjoy

## More info...

Water, PowerAde, Fruit Juice, Slushies, Snacks, Ice Cream, and Extra Entrees are available every day for purchase

# Lunch

# Benton High Week of October 7, 2019

Monday	 Sausage Pizza Pepperoni Pizza	 Mozzarella Sticks Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	 Egg Chef Salad Made to Order Deli Sandwiches	 Pasta Bar w/variety Of meat and cheese Sauces	 Beef or Chicken Nachos or Soft Tacos
Tuesday	Chicken Club Ranch Flatbread Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	BBQ Chicken Mashed Potatoes Roll	Beef or Chicken Nachos or Soft Tacos
Wednesday	Spicy Sausage Pizza Pepperoni Pizza	Corn Dog Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Turkey Chef Salad Made to Order Deli Sandwiches	Wing Wednesday -Chicken Wings W/variety of sauces	Beef or Chicken Nachos or Soft Tacos
Thursday	BBQ Chicken Pizza Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Cobb Salad Made to Order Deli Sandwiches	Thai Lemongrass Chix Rice	Beef or Chicken Nachos or Soft Tacos
Friday	Meat Lover Pizza Pepperoni Pizza	Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Potato Bar -variety of meat, cheese And toppings	Beef or Chicken Nachos or Soft Tacos
Daily	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Seasoned Fries or Tater Tots Assorted Fruits & Vegetables

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# Lunch

# Benton High Week of October 14, 2019

<b>Monday</b> <b>Tuesday</b> <b>Wednesday</b> <b>Thursday</b> <b>Friday</b> <b>Daily</b>					
	Sausage Pizza Pepperoni Pizza	Mozzarella Sticks Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Egg Chef Salad Made to Order Deli Sandwiches	Pasta Bar Variety of pastas And sauces	Beef or Chicken Nachos or Soft Tacos
	Chicken Club Ranch Flatbread Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Chicken Parmesan Green Beans	Beef or Chicken Nachos or Soft Tacos
	Pepperoni Stromboli Pepperoni Pizza	Corn Dog Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Turkey Chef Salad Made to Order Deli Sandwiches	Wing Wednesday -Chicken Wings W/variety of sauces	Beef or Chicken Nachos or Soft Tacos
	BBQ Chicken Pizza Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Cobb Salad Made to Order Deli Sandwiches	Egg Fried Rice Egg Roll	Beef or Chicken Nachos or Soft Tacos
Meat Lover Pizza Pepperoni Pizza	Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Potato Bar -variety of meat, cheese And toppings	Beef or Chicken Nachos or Soft Tacos	
Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Assorted Fruits & Vegetables	Seasoned Fries or Tater Tots Assorted Fruits & Vegetables	

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# Lunch

# Benton High Week of October 21, 2019

Monday	 <p>Sausage Pizza Pepperoni Pizza</p>	 <p>Mozzarella Sticks Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders</p>	 <p>Egg Chef Salad Made to Order Deli Sandwiches</p>	 <p>Pasta Bar w/variety Of meat and cheese Sauces</p>	 <p>Beef or Chicken Nachos or Tacos</p>
Tuesday	<p>Chicken Club Ranch Flatbread Pepperoni Pizza</p>	<p>Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders</p>	<p>Ham Chef Salad Made to Order Deli Sandwiches</p>	<p>Chicken Fried Steak Mashed Potatoes Roll</p>	<p>Beef of Chicken Nachos or Tacos</p>
Wednesday	<p>Pepperoni Stromboli Pizza Pepperoni Pizza</p>	<p>Corn Dog Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders</p>	<p>Turkey Chef Salad Made to Order Deli Sandwiches</p>	<p>Wing Wednesday -Chicken Wings W/variety of sauces</p>	<p>Beef or Chicken Nachos or Tacos</p>
Thursday	<p>BBQ Chicken Pizza Pepperoni Pizza</p>	<p>Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders</p>	<p>Cobb Salad Made to Order Deli Sandwiches</p>	<p>Orange Chicken Lomein</p>	<p>Beef or Chicken Nachos or Tacos</p>
Friday					
Daily	<p>Assorted Fruits &amp; Vegetables</p>	<p>Assorted Fruits &amp; Vegetables</p>	<p>Assorted Fruits &amp; Vegetables</p>	<p>Assorted Fruits &amp; Vegetables</p>	<p>Seasoned Fries or Tater Tots Assorted Fruits &amp; Vegetables</p>

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# Lunch

# Benton High Week of October 28, 2019

Monday	 Hawaiian Pizza Pepperoni Pizza	 Mozzarella Sticks Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	 Egg Chef Salad Made to Order Deli Sandwiches	 Pasta Bar w/variety Of meat and cheese Sauces	 Beef or Chicken Nachos or Tacos
Tuesday	Chicken Club Ranch Flatbread Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Salisbury Steak Mashed Potatoes Roll	Beef or Chicken Nachos or Tacos
Wednesday	Spicy Sausage Pizza Pepperoni Pizza	Corn Dog Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Turkey Chef Salad Made to Order Deli Sandwiches	Wing Wednesday -Chicken Wings W/variety of sauces	Beef or Chicken Nachos or Tacos
Thursday	BBQ Chicken Sriracha Glazed Pizza Pepperoni Pizza	Bacon Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Cobb Salad Made to Order Deli Sandwiches	Sweet & Sour Chicken Rice	Beef or Chicken Nachos or Tacos
Friday	Pepperoni Stromboli Pepperoni Pizza	Cheeseburger Chicken Sandwich Spicy Popcorn Chicken Cheeseburger Chicken Tenders	Ham Chef Salad Made to Order Deli Sandwiches	Potato Bar -variety of meat, cheese And toppings	Beef or Chicken Nachos or Tacos
Daily	Assorted Fruits & Vegetables				Seasoned Fries or Tater Tots Assorted Fruits & Vegetables

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