



BENTON PUBLIC SCHOOLS

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The Benton School District is offering Flu Clinics this fall.

October 16, 2018 High School, Junior High, Middle schools at Cook Field House

October 17, 2018 Caldwell Elem – Morning/ Angie Grant-Afternoon

October 18 Perrin Elem-Morning/ Ringgold-Afternoon

****Notes will be arriving home week of October 1 **.**

**** The deadline to return forms is October 10th****

These immunizations will be given ONLY with parental consent and with completion of BOTH forms (FERPA Form and the front and back of the Health Department Flu Consent Form).

No Flu Mist WILL be given. The health department received a very limited supply.

Dear Parent,

As you may know, flu can be easily spread from person to person. Therefore, we are taking steps to reduce the spread of flu in the Benton School District. We want to keep our schools open to students and functioning in a normal manner during this flu season, **but we need your help.**

Recommendations from the CDC Influenza Guidelines for the 2018-2019 school year:

- **Stay home when sick:** Those with flu-like illness should stay home for at least 24 hours after they no longer have a fever, or signs of a fever, **without the use of fever-reducing medicines.** They should stay home even if they are using anti-viral drugs.
- **Separate ill students and staff:** Students and staff who appear to have flu-like illness should be sent to a room separate from others until they can be sent home.
- **Hand hygiene and respiratory etiquette:** The new recommendations emphasize the importance of the basic foundations of influenza prevention: stay home when sick, wash hands frequently with soap and water when possible, and cover noses and mouths with a tissue when coughing or sneezing (or a shirt sleeve or elbow if no tissue is available).
- **Get your family vaccinated for Flu.**

If your child experiences fever of 100 F or higher, please keep your child home. The school is helping the department of health monitor FLS (flu like symptoms), so please contact your child's school if your child is out with the following symptoms:

Flu-like symptoms include:

1. Fever of 100 F or higher
2. Headaches
3. Sore throat
4. Cough (any type of respiratory illness with fever)
5. Muscle and/or body aches
6. Vomiting, nausea and diarrhea

We are looking for parent volunteers, both nurses and clerical help. Please let your School nurse know if you are available to work on one or more of these dates.

Thank you,

Cheryl Watson, R.N. Health Services Coordinator, Benton School District



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School Immunization Clinic

In compliance with the Family Education Right to Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99),

I, _____, give permission for my child,
Parent/Guardian Name

_____, to participate in the Benton
First and Last Name

Public School Flu Immunization Clinic. I understand that the appropriate Arkansas Department of Health consent form will be provided for my consideration prior to the clinic.

Both the FERPA and the Flu Vaccine form (front and back) must be completed and returned to the school if you wish to participate.

No Flu Mist is available at our clinics. The health department received a very limited supply. You may check with your child's physician if you wish to receive Flu Mist.

Parent/Guardian Signature _____

Date Signed _____

Teacher _____ Grade _____

September 19, 2019