



# October 2018

## PK Lunch Menu

<b>01</b> Macaroni & Cheese Side Salad Mixed Fruit Milk <i>side items</i>	<b>02</b> Pizza Sticks Green Beans Diced Pears Milk <i>side items</i>	<b>03</b> Steak Fingers Mashed Potatoes Fresh Apple Slices Milk <i>side items</i>	<b>04</b> Beef Nachos Pinto Kickin Beans Diced Peaches Milk <i>side items</i>	<b>05</b> Pepperoni Pizza Steamed Broccoli Pineapple Tidbits Milk <i>side items</i>
<b>08</b> Chicken Drumstick Green Beans Mixed Fruit Milk <i>side items</i>	<b>09</b> Grill Cheese Sandwich French Fries Diced Pears Milk <i>side items</i>	<b>10</b> Chicken Nuggets Seasoned Corn Fresh Apple Slices Milk <i>side items</i>	<b>11</b> BBQ Pork Sandwich Campfire Pinto Beans Diced Peaches Milk <i>side items</i>	<b>12</b> Cheese Pizza Fresh Broccoli Pineapple Tidbits Milk <i>side items</i>
<b>15</b> Pancakes & Sausage Tater Tots Mixed Fruit Milk <i>side items</i>	<b>16</b> Chicken Quesadilla Green Beans Diced Pears Milk <i>side items</i>	<b>17</b> BBQ Rib Sandwich Sweet Potato Fries Fresh Apple Slices Milk <i>side items</i>	<b>18</b> Mini Corn Dogs Baked Beans Diced Peaches Milk <i>side items</i>	<b>19</b> Pepperoni Pizza Fresh Broccoli Pineapple Tidbits Milk <i>side items</i>
<b>22</b> Chicken Sandwich French Fries Mixed Fruit Milk <i>side items</i>	<b>23</b> Spaghetti Green Beans Diced Pears Milk <i>side items</i>	<b>24</b> Chicken Nuggets Steamed Squash Fresh Apple Slices Milk <i>side items</i>	<b>25</b> Soft Taco Kickin Pintos Mandarin Oranges Milk <i>side items</i>	<b>26</b> NO SCHOOL <i>side items</i>
<b>29</b> Hamburger French Fries Mixed Fruit Milk <i>side items</i>	<b>30</b> Popcorn Chicken Cucumber Slices Diced Pears Milk <i>side items</i>	<b>31</b> Turkey Melt Celery Sticks Fresh Apple Slices Milk <i>side items</i>		



Whole Grain Breads and assorted condiments are offered daily

Menu Subject to change

### Additional Information

#### Meal Prices

\$3.75 Adult



#### Grain Choice

We use only heart-healthy whole grain breads and rolls



#### Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.40